

EVENTS & DATES TO REMEMBER - TERM 4, 2014 (11 weeks)	
MOBILE LIBRARY	FRIDAY 17 OCTOBER (Wk2)
KINDER ORIENTATION PROGRAM BEGINS (4 Wednesdays)	WEDNESDAY 29 OCTOBER (Wk4)
MOBILE LIBRARY	FRIDAY 31 OCTOBER (Wk4)
“THE RISK CUP” DAY	TUESDAY 4 NOVEMBER (Wk5)
COMMUNITY ASSEMBLY	WEDNESDAY 5 NOVEMBER (Wk5)
COLOURSS SOCIAL-WIANGAREE HALL	TUESDAY 11 NOVEMBER (Wk 6)
MOBILE LIBRARY	FRIDAY 14 NOVEMBER (Wk 6)
YR 5&6 TRIP TO LAKE AINSWORTH	MON 17TH TO FRI 21ST NOVEMBER (Wk 7)
P&C BUNNINGS BBQ	SATURDAY 22 NOVEMBER (Wk 7)

*The P & C will be holding the BBQ at Bunnings as a fundraiser on Saturday November 22nd.
Please pencil this date in as helpers will be needed on the day.*

WEEKLY CLASS AWARDS

INFANTS CLASS



TOM BROSNA


Working Independently
“Fantastic”

PRIMARY CLASS



ANNIE BROSNA

Very consistent performance in handwriting and reading. Also nice improvements in maths mentals!



The Risk Public School

NEWSLETTER

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Wednesday 15 October 2014

Term 4 Week 2

STUDENT PARLIAMENT HANDBALL COMPETITION

On Friday 10th October Hope, Bridie and Maggie ran a Handball Competition.

The rules were simple - players had to stay in the longest to win.

There were 2 divisions: one for K-2 and one for 3-6.

Everyone played well and there were no arguments. The winners were Felicity and Hope.

(Article written by Maggie Moss)

What’s in this week’s Newsletter

- Kindergarten
- Orientation days
- Afternoon Tea for Kinder Parents
- Lake Ainsworth Medical
- Friday Lunches
- Primary Class Update
- Breakfast Club
- Ice Block sales
- Family Life Unit




Attachments

- Energy Rebate
- Payment Envelopes
- Lake Ainsworth Notes

P & C Meeting

5th NOV

9.00am

Clockwise from top:

Felicity was very accurate with her handball skills to win the K-2 division completion last Friday.

Hamish was feeling very confident and was celebrating a good shot!

Hope showed her familiar determination to outlast the other primary players.

TOGETHER WE LEARN

AFTERNOON TEA FOR KINDER 2015

PARENTS

WEDNESDAY 19 NOVEMBER, 2.30pm

On the last Orientation Day Mrs Petherbridge will host an afternoon tea in the K-2 classroom for the parents of our new Kindergarten students for 2015. It will be a general information sharing session with final information on enrolment, uniforms and routines for 2015. Please set this date aside so you can take the opportunity to meet and share info.

KINDERGARTEN 2015 ORIENTATION PROGRAM

A reminder that the Kindergarten class of 2015 Orientation program starts in 2 weeks!

The program involves 4 full school days spent in the Infants classroom participating in introductory school activities and getting to know other students and staff.

This program provides new students with a fantastic start to their school career.

We encourage all families with students starting school next year to send their children along. Enrolment forms and information packs will be provided during the course of the program

DATES OF KINDER ORIENTATION PROGRAM

Wednesday 29 October - 9.10am - 3.10pm

Wednesday 5 November - 9.10am - 3.10pm

Wednesday 12 November - 9.10am - 3.10pm

Wednesday 19 November - 9.10am - 3.10pm

FAMILY LIFE UNIT IN K-2 CLASS

A reminder that Mrs Blackburn would like each student to display photographs of their family in the library.

Please send in some photos of family this week.

The photos can be of immediate family and extended, some students are talking about their pets being a part of their families. I will copy the original photos and send them home. Parents could email photos to me at

lisa.blackburn1@det.nsw.edu.au

LAKE AINSWORTH EXCURSION

MEDICAL NOTE

The staff at Lake Ainsworth have informed us of new procedures to gather the medical information they require for the camp. The procedure is totally electronic, through the Dept of Sport and Recreation website. Paper medical notes won't be accepted by them. This must happen before 17 October. Parents can access the appropriate web page at -

www.dsr.nsw.gov.au/schoolcampmedicalform

It is a straight-forward process that can be accessed by computer or smart phone. Please contact Mr Mac if you need assistance to complete the form. **THIS FORM MUST BE SUBMITTED TO ATTEND THE CAMP**

The code number and details needed to complete the online medical note are attached to this week's newsletter. Apologies for not providing this last week!

LAKE AINSWORTH PERMISSION NOTES AND FEES

A reminder that the school-based permission notes sent home last week will be due back at school by Friday this week. The rest of the fees are also due into school this Friday. If this causes any major issues please see Mr Mac.

GEAR LIST: A list of what gear students are allowed to bring to camp is attached to today's newsletter.

P&C ICE BLOCK SALES

Just a reminder that the P&C will be selling ice blocks for 50c each every Wednesday at lunch time.

FRIDAY LUNCHES THIS WEEK

P&C

Pies \$1.50

Sausage Rolls \$1.50

PRIMARY CLASS UPDATE

The primary class have started a busy term with lots of new work in several subjects.

ENGLISH: Students are studying the Australian author, Emily Rodda. We have already had a listen to ***Dog Tales*** and for the next few weeks we will be looking at ***Rowan of Rin***. We are also looking at improving our cursive writing (running writing) and the speed and fluency of our oral reading.

MATHS: We are continuing a focus on the Times Tables and mental calculation.

HSIE: This term we are looking at Mapping skills and then looking at a variety of Australian Environments.

PD: In Personal Development we will discuss personal safety choices to make sure children are making good decisions to live safely.

CRAFT & ART: The whole school will continue our K-6 art lessons on Wednesday afternoons to produce Christmas displays for the Christmas Tree in December and we will also have a go at some origami later this term.

WHICH IS HEALTHIER: FRESH, FROZEN OR CANNED VEGETABLES?

INFO FROM LIVE LIFE WELL @ SCHOOL

Buying your fresh vegetables in season means they are at their peak nutritional value and at their cheapest. It's important that they ARE fresh, though, because as the time they are stored increases, their nutrients decrease.

Frozen vegetables have their nutrients locked in by the freezing process shortly after gathering, so they are a good option: steam or microwave in a little water for best results. Canned vegetables are a little less nutritious as the canning process affects heat sensitive vitamins EXCEPT for canned tomatoes where the antioxidants are made more available by the heat! Remember when using canned vegetables to get the low salt varieties.

Whichever you use it's great that you're getting the important five serves a day for your family!

HEALTHY NUTRITION @ SCHOOL

Students consume over 50% of their daily intake of nutrition while they are at school.

So, it is a great idea to supply kids with simple healthy and tasty options for recess and lunch. Fresh fruit and other unprocessed food is the best choice to build good nutrition and good eating habits.

CRUNCH N SIP IN PRIMARY CLASS

The primary class students have asked if they can try a Crunch n Sip routine again this term.

Mr Mac has agreed to a trial. This is how it works-

- Bring in a clear water bottle full of water. Have a sip of water at 10.00am, 12.30pm and 2.30pm in class time to maintain hydration
- Bring in a small container with some cut up fruit, veggies or nuts. The amount of food is no bigger than a handful and should not be messy. We will eat this at around 10am each morning while we are working.

CONGRATULATIONS

Over the holiday's Lisa Little and Brad Marvin finally "tied the knot" and had their four boys attend in true style.

Best wishes and congratulations to the Marvin Family.

